

## **2019 WESTERN CANADA SUMMER GAMES ATHLETICS TECHNICAL PACKAGE**

Every Games' coach, manager, Sport Chairperson and Mission staff has an obligation to read and understand every aspect of the Technical Package. Failure to do so could cost an athlete his or her eligibility for the Games as well as affect final standings or the conduct of the competition. If someone does not understand an aspect of a Technical Package, he or she is to seek clarification from the Technical Committee of the Western Canada Games Council through his or her Chef de Mission or Provincial/Territorial Sport Organization.

Technical Packages are developed primarily by the Western Canada Games Technical Committee in conjunction with the various Provincial/Territorial Sport Organizations, following principles, guidelines and requirements of the Western Canada Games Council. As the overall governing body of the Games, the Council has the ultimate authority for Technical Packages.

If an individual wishes to initiate a change to a Technical Package leading up to a Games, the desired change should be first directed to the Provincial/Territorial Sport Organization or the Chef de Mission. The P/TSO or Chef will evaluate the merits of the change and will, if it has merit, submit the requested change to the Technical Committee of the Western Canada Games Council. The P/TSO or Chef will submit the rationale for the change. Changes to age groups, eligibility requirements, team sizes or staff complements will not be considered after three years prior to the Games. Substantive changes to events or competition formats will not be considered after 18 months before the Games. Minor corrections will be considered at almost any time, but will be increasingly difficult to achieve within six months of the Games. Changes made by the NSO's regarding WCSG alignment to the Canada Games will not be considered after April 1, 2018. These time frames reinforce the importance of complete understanding of the Technical Package early.

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June 1, 2018

## APPENDIX 1

### 2019 WESTERN CANADA SUMMER GAMES ATHLETE ELIGIBILITY

1. The Western Canada Summer Games are open to Canadian citizens and landed immigrants.
2. The Games are open to athletes who are members in good standing of their provincial/territorial and/or national sport organization.
3. An athlete's permanent domicile or actual residence must be located, for at least 180 days prior to the opening of the Games, within the recognized boundaries of the province or territory they are representing. An athlete can have only one domicile.
4. Students attending school on a full-time basis outside their province/territory of permanent residence during the year of the Games shall be permitted to compete for either their province/territory of permanent residence or the province/territory in which the athlete attends school. To be eligible to compete for the province/territory where the athlete attends school, the student must be enrolled on a full-time basis during the academic year preceding the Games.
5. If a non-student athlete attends a recognized national training centre outside his or her province/territory of permanent residence, the athlete is encouraged to represent his or her province/territory of permanent residence; however, the athlete could represent the province/territory where the centre is located under the terms of paragraph (6), below.
6. Exceptions to the domicile requirement will be possible if the athlete can demonstrate a commitment to the province/territory she or he wishes to represent by such means as having been a member of a club or provincial/territorial sport organization in that province/territory for the entire previous competitive season, having represented that province or territory at a previous national or regional championship or having attended school full-time the previous academic year or a recognized national training centre full-time during the previous 12 months. Other similar circumstances may be considered.
7. Competitors must meet all eligibility requirements outlined in the Technical Package.
8. An athlete is permitted to try out for only one province or territory per Games.
9. An athlete may participate in more than one sport, provided the sports occur in different phases of the Games.
10. The Technical Committee of the Council shall determine the eligibility of any athlete that is not clearly established by these rules and by the Technical Package. **Coaches or PSOs/TSOs must bring forward any cases in question to their Chef de Mission as early as possible before the competition for forwarding to the Technical Committee.**
11. Where a team/province/territory/Chef wishes to challenge the eligibility of an athlete on another provincial/territorial team, it is expected that such a challenge will be made as soon as the protesting team knows that an athlete may be ineligible. Every effort must be made to ensure that protests on eligibility are lodged before an athlete competes.

**Summary of Draft Changes to Technical Package**

<b>Date</b>	<b>Details</b>	<b>Initiated By</b>	<b>Status</b>
June 7, 2017	Delete Steeplechase from the list of events for the 2019 WCSG.	Sport Tech	Approved
March 30, 2017	3.1.1 Wheelchair athletes will be under 28 as of Dec 31, 2018	Sport Tech	Approved
March 30, 2017	3.1.2 Special "O" Athletes will be under 28 as of Dec 31, 2018	Sport Tech	Approved
March 30, 2017	4.1 Clarify coaching certification status: Head Coach "Performance Coach Trained" Ass't Coach "Club Coach" Para and Special "O" "Sport Coach"	Sport Tech	Approved
March 30, 2017	6.1 Each event will be scored through 18th place	Sport Tech	Approved
June 1, 2018	2.3 Staff Addition: At least one of the coaches plus one of the other staff (coach or manager) must be female.	Sport Tech	Approved

**Summary of Denied Proposals of Change to Technical Package**

<b>Date</b>	<b>Proposal</b>	<b>Initiated By</b>	<b>Rationale for proposal being denied</b>

# 2019 Western Canada Summer Games Technical Package

1. Sport: **ATHLETICS**

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2. Participants:

2.1. **Competitors:** Up to 27 males and up to 27 females with a maximum team size of 54.

**NOTE:** Substitutions between male and female athletes of plus or minus two (2) is allowed.

**Wheelchair:** up to 4 competitors with a 2/2 gender split

**Special O:** up to 4 competitors with a 2/2 gender split

2.2 The total team component shall not exceed 62 athletes. Including coaching staff – 10 = 72

2.3 **Staff:** Athletics - 6, Special O - 2, Wheelchair – 2 = 10  
At least one of the coaches plus one of the other staff (coach or manager) must be female

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3. Classification:

3.1 **Year of Birth:** Born in 1999 or later (under 20 as of December 31, 2018)

3.1.1 **Wheelchair:** Athletes will be under 28 as of December 31, 2018. The Western Canada Games Council recognizes that an age-dependent criterion may not adequately reflect the entry of an athlete into their sport due to late onset disabilities through injury or medical condition. Therefore, Council may approve age exceptions to Wheelchair Athletics and Wheelchair Tennis athletes over 28 years of age providing the sport can prove to the Technical Committee that the athlete is within the Training to Train level of the sport LTAD. Participants who have participated in 2 previous Western Canada Summer Games will not be eligible to compete in a Western Canada Summer Games; with the exception of the 2011 Western Canada Summer Games as the Games cycle is in progress at the time of the Council decision.

3.1.2 **Special O:** Athletes will be under 28 as of December 31, 2018.

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4. Eligibility:

4.1 **Coaches:**  
Any staff listed as coach on the official registration form must be fully certified (theory, technical and practical) under the National Coaching

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Certification Program (NCCP) to at least Level 3, or the equivalent level in the new NCCP, competition stream, Development context, (Trained status) in Athletics. (Performance Coach Trained.)

The Assistant Coach must be fully certified Level 2 Athletics or equivalent level in the new NCCP. (Club Coach)

All Wheelchair Sports coaches must be certified to at least full level 1 and Theory Level 2 in Athletics or equivalent in the new NCCP. The coach must be certified in wheelchair track events. (Sport Coach)

All Special O Sports coaches must be certified to at least full level 1 and Theory Level 2 in Athletics or equivalent in the new NCCP. Coaches must have completed the Special Olympics Canada Competition Introduction Course. (Sport Coach)

Coaching certification must be completed no later than ninety (90) days before the opening of the Games.

### 4.2 **Athletes:**

4.2.1 All athletes must meet the Western Canada Games Eligibility criteria, as outlined in Appendix 1 which forms an integral part of this Technical Package.

4.2.2 Excluded from the Games are:

- a) Athletes who have held an SR1 or SR2 card (as defined by Sport Canada's Athlete Assistance Program) in the sport of athletics at any time.
- b) Athletes who have been members of the Canadian national "A" wheelchair athletics team at any time.
- c) Athletes participating in the Special Olympics events must be registered with and be members in good standing of Special Olympics Canada and have qualified at events sanctioned by Special Olympics Canada.

### 4.3 **Interpretation:**

4.3.1 Athletes who are carded (as defined by Sport Canada's Athlete Assistance Program) or obtain their card prior to May 1, 2019 are **excluded** from the Western Canada Summer Games.

4.3.2.1 Athletes who are carded or become national senior team members on or after May 1, 2019 are **eligible** to compete in the Western Canada Summer Games.

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## 5. Competition:

### 5.1 **Rules:**

The most current official rules of the International Amateur Athletics Federation and Athletics Canada will govern the competition.

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For wheelchair events, International Paralympic Committee Rules will govern the competition.

For Special Olympics events, Special Olympics Canada Rules will govern the competition.

## 5.2 **Sanction:**

The competition is sanctioned by Athletics Canada through the Provincial Branch of Athletics Canada.

## 5.3 **Equipment:**

5.3.1 Throwing equipment available: As per IAAF Rules and Regulations.

5.3.2 Equipment to be supplied: Starting blocks, relay batons and throwing equipment will be provided by the organizers. Throwers may submit their implements for certification and use in the event's equipment pool.

5.3.3 Equipment not supplied: Vaulting poles, adhesive tape for relay check points and replacement spikes.

5.3.4 All matters relating to spikes shall be as per the IAAF Rule book. Maximum spike length is 7mm for all events except high jump and javelin where 9mm will be accepted as per specifications by the competition track manufacturer.

## 5.4 **Event Format:**

5.4.1 The following events will be held at the Games

<u>Men's Events</u>	<u>Women's Events</u>
100m, 200m, 400m, 800m, 1500m, 3000m, 5000m	100m, 200m, 400m, 800m, 1500m, 3000m, 5000m,
110m hurdles, 400m hurdles, 4x100m relay, 4x400m	100m hurdles, 400m hurdles, 4x100m relay, 4x400m
*Medley (400, 200, 200m, 800m) relay	*Medley (400, 200, 200m, 800m) relay
5km walk	5km walk
High jump, Long jump, Triple jump, Pole vault	High jump, Long jump, Triple jump, Pole vault
Shot put, Discus, Javelin, Hammer throw	Shot put, Discus, Javelin, Hammer throw
Decathlon	Heptathlon
Wheelchair 200m, 400m, 1500m	Wheelchair 200m, 400m, 800m
Special O 100, 200m, Long Jump, *Shot Put, 4x100m *mixed relay	Special O 100m, 200m, Long Jump, *Shot Put

\*new events

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## 5.4.2.1 Participation:

- a) Notwithstanding the seeding information in section 5.5, provinces/territories must declare their intent to compete in each event by Aug 1, 2019. If there are fewer than two (2) competitors or fewer than two (2) province/territories declared for an event, it will be cancelled.

Deadline for cancellation of events shall be one (1) week after the deadline of entries.

- b) Each province/territory can enter a maximum of three (3) athletes per event and have one (1) relay team per event.
- c) There is no limit to the number of events a competitor can enter.
- d) There may be qualifying rounds in all field events as per the IAAF Handbook.
- e) Heats shall be held in races longer than 800 meters if warranted by the number of entries. To determine the number of rounds and the number of heats in each round, the tables outlined in the current IAAF Handbook, 90 days prior to the Games, will be used.

Finals of longer than 1500 meters shall be composed of all who enter the event.

- f) Seeding will be in accordance with IAAF Rules on Seeding, Draws and Qualification in Track Events.
- g) **Wheelchair athletes:** Each province can enter a maximum of two (2) athletes per track event.  
**Special O:** Each province can enter a maximum of two (2) athletes per track event.

## 5.5 Seeding:

When entries are sent for the 14 day deadline of (competition dates) , a seed performance MUST be given. Coaches will provide updated seed times as athletes obtain them. Updated seed times will be taken up to the day of the technical meeting, provided that verifiable documentation accompanies the entry.

## 5.6 Protests:

All protests shall be filed in accordance with the Western Canada Games Protest Procedures, which are attached as Appendix 2 and form an integral part of this technical package.

## 5.7 Tie Breaking Rule:

Will be in accordance with IAAF Rules and Regulations

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## 6. Scoring Procedures:

6.1 Each event will be scored through 18th place:

Place	Points	Place	Points	Place	Points
1 <sup>st</sup>	20	7 <sup>th</sup>	13	13 <sup>th</sup>	7
2 <sup>nd</sup>	18	8 <sup>th</sup>	12	14 <sup>th</sup>	6

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3 <sup>rd</sup>	17	9 <sup>th</sup>	11	15 <sup>th</sup>	5
4 <sup>th</sup>	16	10 <sup>th</sup>	10	16 <sup>th</sup>	4
5 <sup>th</sup>	15	11 <sup>th</sup>	9	17 <sup>th</sup>	3
6 <sup>th</sup>	14	12 <sup>th</sup>	8	18 <sup>th</sup>	2

Relays will be scored through 6<sup>th</sup> place:

Place	Points
1 <sup>st</sup>	20
2 <sup>nd</sup>	18
3 <sup>rd</sup>	16
4 <sup>th</sup>	14
5 <sup>th</sup>	12
6 <sup>th</sup>	10

Men's and women's totals will be accumulated separately to determine the provincial point standing.

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### 7. Provincial/Territorial Ranking:

- 7.1 For an event to be eligible for Provincial/Territorial points, three (3) or more provinces/territories must participate.
- 7.2 Once the scoring procedure for the sport determines a winner, points for the aggregate award will be as follows:

1 <sup>st</sup> place - 7 points	4 <sup>th</sup> place - 4 points
2 <sup>nd</sup> place - 6 points	5 <sup>th</sup> place - 3 points
3 <sup>rd</sup> place - 5 points	6 <sup>th</sup> place - 2 points

Final Provincial point standings will be the total number of points after the scoring of the team competition. Separate points will be awarded for the men's and women's competition. The maximum number of points a province could receive is fourteen (14).

### 7.3 Tie Breaking:

If a tie occurs in an overall team standing between two provinces/territories, points will be combined and divided by two i.e., 1<sup>st</sup> and 2<sup>nd</sup> – 7 points + 6 points divided by 2 = 6.5 points each.

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### 8. Competitive Uniform:

- 8.1 Each athlete in competition is to wear their provincial team uniform. Athletes who are not in the team uniform are subject to disqualification. Team colors (top and shorts and/or tights) must be declared at or prior to the first coaches/managers meeting.



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## 9. Medals:

9.1 Gold, silver and bronze awards will be presented to first, second and third place finishers in each event

9.2 Medals:        80 gold        80 silver        80 bronze